

# PSM

SKATING ACADEMY

FIGURE SKATING PROGRAMS  
FOR ALL AGES + ABILITIES



## YOUR SKATING JOURNEY STARTS HERE!

### TRY SKATING FOR FREE

This Free skating session is not required to start your skating journey but is a great way to experience the thrill of ice skating before diving into our Learn to Skate USA programs. Sessions are offered twice yearly.

**NEED EQUIPMENT?** PSM Icehouse provides complimentary skate rentals for participants in the Learn to Skate and Aspire programs.

### ASPIRE PROGRAM

#### PREREQUISITE BASIC SKILLS 4 - TEEN/ADULT 4

The Learn to Skate USA Aspire program transitions from basic skills to advanced figure skating techniques. It is recommend to purchase skates at this point.

#### BASIC SKILLS 5 - FREE SKATE 3

#### TEEN/ADULT 5 - ADULTS PRE-BRONZE

### FREESTYLE SESSIONS

Freestyle sessions in figure skating are practice times for all skill levels. Skaters work on jumps, spins, and choreography with full ice access. Private and semi-private lessons are common, and skaters can practice to music. These sessions are structured for safety and efficiency, supporting a skater's training.



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### LEARN TO SKATE USA

Learn to Skate USA offers a fun, progressive program for all ages and skill levels, teaching fundamental skating skills endorsed by U.S. Figure Skating and USA Hockey. Participants can explore figure skating, hockey, or recreational tracks. No Experience is required.

**SNOWPLOW SAM 1-4:** Ages 3-5

**BASIC SKILLS 1-4:** Ages 6 & Up

**TEEN/ADULT 1-4:** Ages 14+

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### ELITE SKATING ACADEMY

Our Elite Skating Program is designed for advanced skaters who have completed the foundational levels. This comprehensive program provides specialized on-ice and off-ice training, led by certified instructors, to prepare skaters for competitive skating

#### FREE SKATE 4 - GOLD SKATING SKILLS TEST:

Level based on USFS Skating Skills Test

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### MORE INFORMATION

**ALL LEVELS:** Private Lessons and Camps are available during any stage of your skating experience.

**ANNUAL ICE SHOW:** Hosted by the Fort Wayne Ice Skating Club and open to participants from all PSM Academy programs.

**EXTENDED OPPORTUNITIES:** Local, Regional, Sectional Competitions, International Competitions and more!

**QUESTIONS:** Contact Skating Director, Alena Lunin  
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